

Socio-economic profile of selected obese school going children

RAJKUMAR M. KAMBLE AND ANURADHA DUBEY

The present study was to assess the prevalence of obesity in school going children and their socio-economic status. The study was carried out in 1500 school going children of 6-16 years of age having different SES from Pune, Nashik and Ahmednagar district of Maharashtra. The overweight and obesity were considered using BMI reference. The socio-demographic factors were assessed by using self-structured questionnaire. Overweight (16.52 %) and obesity (7.21 %) for boys and 43.12 and 23.32 per cent, respectively in girls were found as high and alarming specially in high SES with nuclear families. Therefore nutrition awareness programme should be provided to parents for better and healthy nutrition of their children.

Key Words : Socio-economic, Profile, Children, Obese school

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MEMBERS OF RESEARCH FORUM

Author for correspondence :

RAJKUMAR M. KAMBLE, Department of Home Science, Rajaram College,
KOLHAPUR (M.S.) INDIA
Email : rajcumarkamble69@gmail.com

Associate Authors' :

ANURADHA DUBEY, Department of Home Science, Rajaram College,
KOLHAPUR (M.S.) INDIA
Email : anuradha.dubey74@gmail.com